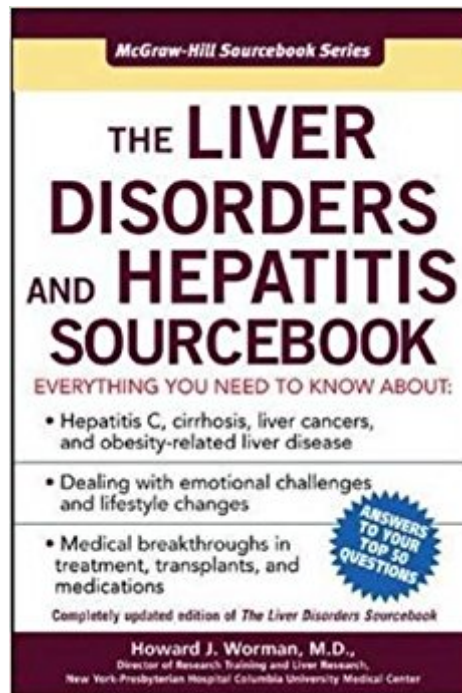




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# The Liver Disorders And Hepatitis Sourcebook (Sourcebooks)



## Synopsis

The latest information on living with and treating liver disorders The Liver Disorders and Hepatitis Sourcebook, Revised Edition, gives you frank assessments of the latest therapies and drugs. It also provides advice on how you can navigate the day-to-day challenges of living with a liver disorder, and diet and nutrition guidelines, including the truth about the effectiveness of herbal remedies and liver-cleansing diets.

## Book Information

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## Customer Reviews

Good health starts with a healthy liver Your liver is a miracle worker: It purifies, detoxifies, and even regenerates. So when your liver is in distress, your overall health can be in serious trouble. Dr. Howard J. Worman's definitive sourcebook shows you how to take care of this amazing organ and live well when dealing with liver disease. From symptoms and diagnoses to breakthrough treatments and nutrition, The Liver Disorders and Hepatitis Sourcebook explains everything you need to know, including: The A, B, C, D, and Es of viral hepatitis: How to treat and prevent the acute and chronic forms of each Acetaminophen and your liver: Avoiding the risks of commonly prescribed and over-the-counter medications Cirrhosis: Why it's not just an alcohol-related disease Herbal remedies and liver-cleansing diets: Why they don't work and why you should avoid them

Howard J. Worman, M.D., is an associate professor of medicine, anatomy, and cell biology at the

College of Physicians and Surgeons at Columbia University and the director of the Division of Digestive and Liver Diseases in the Department of Medicine at New York Presbyterian Hospital, Columbia University Medical Center.

Still reading,,,,,,,,,

This book is helping me cope with my liver disorder. For that I'm very thankful. It is a little dry, and there is a lot of information in it that doesn't apply to me, but the sections that do apply make it worth having bought the book.

Understandable level of technical detail for this layman.

This has been a priceless help to someone who needed the information. Great service, too. Thanks.

Author Worman is a professor of medicine and attending physician at Columbia, specializing in liver disorders, and is currently doing research in hepatitis. He is uniquely qualified to write a book on the liver and the things that go wrong with it. The first section is a description on how the healthy liver works and all the things it does. Next is the difference between chronic and acute liver problems and what tests are done and what those tests mean. Then the book goes into all the different things that can go wrong- fulminant liver failure, cirrhosis (it's not just a complication of alcohol consumption), the many types of hepatitis, alcoholic liver disease, medications that affect the liver, autoimmune and inherited disorders. With each disease he gives the process of the disease and current treatments. And, since you can't live without a functioning liver - there is no equivalent to using dialysis when one's kidneys fail- there is a chapter on liver transplantation. There is also a chapter on living with liver disease. Most people with liver disease will not die from it and will live normal lives. There is no 'liver cleansing diet' or herbs that help. In fact, most liver disorders do not preclude a small drink of alcohol on occasion- a fact which surprised me a great deal. I found the book very helpful in explaining test results- it really helped me understand what my husband's test results probably mean. The author is the kind of doctor we all hope we'll get- he explains things in detail using terms the average reader can understand without ever talking down to the reader. Recommended if you or someone you know has concerns about their liver.

so fast, receive it next day . This is a well made, very sharp product at a great price point. I'd

definitely recommend it and would buy other products from the seller. Another nice touch is that the seller contacted me to ask if I was satisfied. I am. as description. he love it, very recommend .

Dr. Worman takes the complex subject of liver disease and translates it for the lay person. This book is practical, factual, and well-written. My only criticism is that the most common liver disease, hepatitis C, is out-of-date. However, the book is still very useful. Anyone needing to know more about liver disease will be served reading this book.

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